

**South Alabama Regional Planning Commission
Area Agency on Aging
Application for Title III Funding
Fiscal Year 2019
October 1, 2018 to September 30, 2019**

Agency/Contractor Name	Baldwin County Council on Aging
Street Address	22251 Palmer Street
Mailing Address	22251 Palmer Street
City, State, Zip Code	Robertsdale, AL 36567
Contact Person	Kelly Childress, Coordinator
Telephone	251-972-8506
Email Address	kchildress@baldwincountyal.gov

Please provide the following information in a narrative form:

1. Describe your agency and administrative capacity.

The Baldwin County Council on Aging (BCCOA) serves the seniors of Baldwin County by offering one-on-one personal service tailored to address the individual needs. We serve clients from a diverse income base, providing programs ranging from the homebound meal program to Insurance Counseling and all services in between. If a client has a need beyond programs we offer, we attempt to locate additional resources to meet their needs. BCCOA staff has over 70 years of dedicated personal service to the growing senior population of Baldwin County. We provide services most all Area Agencies on Aging and Councils on Aging provide, with strong emphasis on individualized personal service. With the recent addition of a case manager, the BCCOA is comprised of: 1- Coordinator, 1-Office Administrator, 2- Case Managers, 2-SeniorRx Specialists, 1-Center Manager/Activities Coordinator, 1- Receptionist, 3-part time County workers (1 for homebound delivery/ 1 for special assistance services/ 1- Vaughn Center Manager) and 2-part time Senior Aides. In addition to serving in the area of their expertise, the Coordinator, Case Managers and Senior Rx staff are cross-trained and able to fill in across the board as needed. We provide resource referrals, locate housing, legal referrals, insurance counseling, prescription assistance, telephone assistance, tax aid, solid waste exemption referrals, property tax exemption referrals, telephone reassurance and the list goes on. We do not draw the line where our programs stop. If a need is there, we work tirelessly to address the needs of our clients. The BCCOA is housed in the heart of Baldwin County located in the Central Annex in Robertsdale.

2. Is your agency a minority organization*?

Yes	X
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No	
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*(1) Private, non-profit with at least 50.1% minority staff, or (2) private, for profit that must have at least 50.1% of their stock owned by minorities; or in a partnership with at least 50% controlled by a minority individual.

3. Describe the services you propose to provide under this contract and how these services address priority needs and target populations of Title III of the Older Americans Act.

Priority Title III services include nutrition, senior centers, recreation, health promotion, transportation, outreach, information and assistance, caregiver support and respite, in-home services, and legal assistance.

Title III services are restricted to persons age 60 and older or their caregivers. Title III Services are targeted to individuals with greatest economic and social need. This includes low-income individuals, particularly low-income minority individuals; older individuals living in rural areas, older individuals with limited English proficiency, and older individuals at risk of institutionalization, particularly those with severe disabilities and those with Alzheimer's Disease and related disorders and their family caregivers.

The BCCOA operates two nutrition centers in rural areas of the county. The first is in the Ellisville community West of the Town of Loxley. This community is comprised mostly of low income minority residents. Two homebound meal routes are operated by this center. The first serves the Ellisville community and Town of Loxley area. The second route provides homebound meals in the Robertsedale community with several clients residing in the low income senior apartments in addition to those residing in private residences. We typically have a waiting list for this homebound service. The second center is set in the Northern part of the county in the Vaughn Community. Like the Ellisville center, the Vaughn center is located in the heart of a low-income minority community. BRATS bus service provides transportation to several participants here, as many don't drive. A vital homebound meal program operates out of this center to area shut-ins. Delivery is provided by BRATS as well. Both senior centers host a variety of recreational activities for their participants, and occasional guest speakers provide informative health information, screenings and resources. Center managers are strongly encouraged to refer any concerns or questions regarding participants to the BCCOA staff. BCCOA staff visits ALL six SAIL Centers, located in Baldwin County, as well as Senior Centers, promoting senior programs and evaluating the needs of participants.

We target the Bay Minette and North Baldwin areas for citizens that could benefit from our services. We have increased outreach in the area to reach those who may not be aware of the benefits available to them.

The BCCOA office hosts two weekly sessions of ceramic classes. Many participants have entered their handmade items in the County Fair, claiming several blue ribbons. In addition, we offer knitting/crocheting classes weekly. The knitting/crocheting classes offer lessons for beginners and experts. Many projects from this class are donated to area nursing homes, ARC transition homes, USA Women's and Children's Hospital and the VA home in Bay Minette. Recreational activities abound at the SAIL centers, ranging from the always popular BINGO to gardening, an occasional fishing trip and more. The seniors also have access to a wealth of information on programs and service available.

The BCCOA staff find it important to get out into the community via health fairs, promotional presentations to civic and church groups as well as networking with service agencies including public, private, profit and non-profit.

The BCCOA contracts with the BRATS transportation service to provide transportation for seniors to the SAIL center. This will provide those in the most rural areas of Baldwin County. In addition, BRATS provide transportation of seniors to the Older Americans Day Picnic held in May during Older Americans month. This event is held at the Baldwin County Coliseum in Robertsedale each year.

S.A.I.N.T.S. is a program operated out of the BCCOA office, providing one on one assisted transportation service to frail elderly, who cannot ride public transportation, due to mobility or dementia issues. This service is vital in maintaining the independence of these seniors. It provides one on one transportation service to grocery stores, drug stores and doctor's offices.

Seniors who are not able to physically come to our office are evaluated in their home by BCCOA staff. Their needs are reviewed and a case plan is developed; the same as if they made an office visit.

Another vital service the BCCOA provides is the Telephone Reassurance program. This program is designed for the frailest seniors who desire to remain at home. A BCCOA staff member calls each client every weekday morning to check on their wellbeing. We have emergency contacts for each participant in the event our calls go unanswered.

We assist families and individuals when help is needed for caregiver support/respite care. Individuals/families receive case management and guidance through this transitional period.

- 4. Estimate the number of older persons to be served.** Provide estimated numbers of targeted populations listed in #2 above that you plan to serve. Describe how you plan to comply with the targeting requirement.

From May 2017 thru April 2018, the COA has provided over 880 units of Case Management. This number does not include the number of requests for Information and Assistance which exceeded 25,000 contacts. Our goal is to make all Seniors and their families aware of the programs that could potentially benefit them. Especially targeting the low-income minority seniors by getting out in the communities, attending health fairs, distributing literature and seeking opportunities to speak about our programs. Hosting SAIL centers in the rural areas of the county provides a means of getting information out to those citizens most at-risk. The Northern area of Baldwin County has the greatest potential of low income seniors. The BCCOA staff visits the Northern end of the County on a monthly basis, targeting medical offices, senior centers, civic groups, SAIL centers and public avenues to educate potential clients. We have contacted food pantries in the county and provided our program literature for their clients. The BCCOA is represented at health fairs across the County. We have a close working relationship with the local Social Security office. The SS Office makes referrals and distributes our literature to clients. BCCOA also make referrals to Adult Protective Services to DHR and attends intervention meetings on occasion. In addition, we are represented at the Prodissee Pantry twice a month reaching out to potential clients.

- 5. Describe your agency's experience in proposed service area, how you will deliver quality services, and the degree of partnerships and pooling of resources and services utilized to deliver the proposed service.**

Baldwin County is generally a rural county of over 1,600 square miles. BCCOA strives to serve all areas of the county, especially those areas with inherently limited access to elderly support services. The proportion of elderly in Baldwin County is greater than, and is increasing at a rate faster than the national average. Approximately 90% of BCCOA's target clients are rural dwellers, 80% are high risk frail elderly, 50% are minorities, and 1% are Indian American.

The BCCOA is well represented at the local Social Security office. SSA staff screen their clients for services offered by BCCOA and referrals are made on a daily basis. In addition, we value strong networking relationships with service agencies, local municipalities and county departments servicing the public. We have reached out within the Departments of the Commission to educate other departments of what we do. Our own Citizen Service Center staff, BRATS, Revenue, Solid Waste and EMA department have interceded in the course of their own work and will refer a citizen in need to us. We place a strong emphasis in networking and will continue to do so to reach potential clients.

In addition, the BCCOA is in its third year being a host site for the AARP Tax-Aide program. In addition to the tax prep service, this provides the opportunity of exposing BCCOA services and programs to potential clients.

6. **Give a narrative description of what federal funds are being requested, how these funds will be used, and provide a justification if you are requesting increased funding.** Describe the in-kind and non-Federal cash match being provided. A detailed explanation of in-kind services MUST be provided. Discuss the cost of services, and unit cost if available. Provide a detailed explanation for every item of proposed expenditure listed in your TOTAL column on the attached Budget Summary Sheet. This section can include a description of needs that are not being met because of budget or staff restrictions.

This proposal requests continued Title III funding of \$130,029 for fiscal year 2018-2019.

Personnel costs of \$69,752 will continue to provide one case manager, one chief administrative assistant, two SenioRx specialists and two center managers. Center Managers will continue to ensure: congregate meals are served; homebound meals are delivered and informative programs and activities are developed and provided in a nurturing environment for the rural elderly of Baldwin County. The chief administrative assistant will continue to provide support for both central office and centers and helping in information/referral, support and development of new programs. The Baldwin County SenioRx/Wellness program is currently marketing to area doctor's offices, senior centers, activity groups and the public as to the lower age requirement of 55 years or anyone on disability or applying for disability. This targeted group is growing at a steady rate replacing those lost to Medicare Part D.

Transportation costs of \$56,652 will continue providing services targeted to support the rural elderly of Baldwin County. Transportation services are contracted with the Baldwin Rural Area Transportation System (BRATS). BRATS will continue to provide access to nutrition/activity centers, special events and homebound meal delivery in the rural area of the Vaughn Community.

Travel costs of \$2,625 supports the continued delivery of homebound meals to the elderly from two nutrition centers.

Postage costs of \$1,000 to assist with the expense incurred on behalf of the SenioRx/Wellness program.

OTHER FUNDING FOR OUR PROGRAM

SOURCE	AMOUNT
<u>PUBLIC</u>	
LOCAL	
COUNTY	\$ 458,354
STATE	
FEDERAL	\$ 130,029
<u>PRIVATE</u>	
OTHER DONATIONS	ON FILE

Complete budget form below.

Category	Title III Funds	<u>Local Resources</u>		Total
		Local Cash	In-Kind	
Personnel *	69,752	401,140		470,892
Personnel Travel	2,625	1,075		3,700
Space				
Utilities		7,000		7,000
Postage & Telephone	1,000	11,196		12,196
Supplies		10,800		10,800
Training		500		500
Transportation	56,652	2,773		59,425
Insurance		11,715		11,715
Office Furniture & Other Equipment				
Other Costs **		12,155		12,155
TOTAL	130,029	458,354		588,383

***Breakdown of personnel costs**

Job Description	Title III Funds	<u>Local Resources</u>		Total
		Local Cash	In-Kind	
COA Coordinator		85,973		85,973
Chief Administrative Asst.	12,748	50,289		63,037
Case Manager CR	10,000	43,635		53,635
Case Manager CB		37,833		37,833
Rx Specialist K	10,000	41,797		51,797
Rx Specialist S	13,500	30,141		43,641
Office Asst. IV		40,229		40,229
Center Mgr./Activities Coordinator	11,504	24,888		36,392
PT Homebound Meals Driver		20,127		20,127
PT SAINTS Driver		19,165		19,165
PT Vaughn Center Mgr.	12,000	7,063		19,063
TOTAL (must equal personnel total above)	69,752	401,140		470,892

****Breakdown of Other Costs**

Description	Title III Funds	<u>Local Resources</u>		Total
		Local Cash	In-Kind	
Copy Machine		2,500		2,500
Computer & Software Maintenance		900		900
Computer Support Services		4,655		4,655
Hunter Security		300		300
Pest Control		300		300
Drug Test		200		200
Bank Fees		300		300
Advertising		3,000		3,000
TOTAL (must equal other costs total above)		12,155		12,155

Applications must be submitted no later than June 5, 2018.

If you plan on submitting this form via email, please name it using your organization's name.
Email applications should be submitted to: rthompson@sarpc.org

Mailed applications must be submitted to Julie McGee, Director, Area Agency on Aging at the following address:

South Alabama Regional Planning Commission
ATTN: Ms. Julie McGee, Director
Area Agency on Aging
P.O. Box 1665
Mobile, AL 36633

Please feel free to call Rita Thompson, Grants Manager, at (251) 433-6541 with any questions, concerns, to request technical assistance or if you would like copies of the form mailed to you.